



Heat and Serve Menu

February 2017

2 people \$21.46* 4 people: \$42.92*

*price includes 7.3% nmgrt

Monday	Tuesday	Wednesday	Thursday	Friday
		1 hoisin glazed pork chops w/ jasmine rice	2 marinated beef & broccoli brown rice	3 spiced salmon kebabs
6 pan seared cod white beans w/broccoli rabe & lemon	7 caramel chicken polenta zucchini	8 winter squash carbonara w/pancetta and sage	9 roasted chicken w/creamy swiss chard & lemony breadcrumbs	10 beef stroganoff over egg noodles brussel sprouts
13 skillet chicken roasted cauliflower w/ lemon parsley dressing	14 dry rubbed flank steak w/ corn salsa	15 pasta with mahi & cherry tomato sauce	16 steak au poivre roasted potatoes	17 turkey cutlets w/fennel & asparagus salad
20 no school presidents day	21 sage brown butter pork chops sweet potato mash	22 pan-roasted chicken w/pineapple-chile glaze	23 curry tofu w/vegetables basmati rice	24 skirt steak w/shallot pan sauce roasted red potatoes wilted spinach
27 marinated chicken asian slaw	28			

Please note that there will be NO SUBSTITUTIONS for the heat and serve meals.
ORDERS MUST BE IN to the cafe by 9:00am. All orders will be ready for pickup in the cafe at the end of day.
 All orders will be clearly marked and must be paid for at time of order placement.

Order online at
<https://escuela.orderlunchesexpress.com>

Parent's name: _____

phone: _____